

BISD Elementary Counselor Lesson/SEL Themes 2022-2023 with Quaver SEL integration

Counselor Name: Mrs. Rebecca Wood

Campus: Sharp Elementary

Principal's Name/Date Dr. Timothy Caff

Principal's Signature/ Date *[Signature]* 8/23/22

| Month Content Area | Themes | SEL | Resources | Lesson Objective |
|------------------------------------|-------------------------------------------------|-------------------------------------------------------------------|--------------------------------------------------------|--------------------------------------------------------------|
| August | Making Rules for Myself | 3rd-5th grades Lesson 2 The Reason for Rules | Quaver Ready | Learn responsibility for self and actions |
| | Pillars of Character- Intro. | | Character Counts | Learn about the 7 pillars of character |
| | School Safety - Safe & Trusted Adult | 3rd-5th grades Lesson 19 People I Can Talk To | Quaver Ready & Sandy Hook Promise Safe & Trusted Adult | Learn about the Say Something rules |
| September | Honesty & Integrity | 3rd-5th grades; Lessons 5, 30 Trustworthiness/ What is Integrity? | Quaver Ready | Learn about characteristics of trustworthiness and integrity |
| | Trustworthiness | The Sultan and the Seeds story | Character Counts | Learn about the importance of being trustworthy |
| | Respect myself and my school | 3rd-5th grades Lesson 8 Respect for my School | Lying Up a Storm Quaver Ready | Learn about honesty Learn about respect |
| October | Red Ribbon Week activities | | | |
| | Fire Prevention activities | | Sesame Street: Becoming an Upstander video | |
| | Buster Bus activities | | The Juice Box Bully | |
| Intrapersonal Effectiveness | | | PBS Kids Arthur Bullying Prevention | |
| | | 3rd-5th grades Lesson 28 Assertiveness & Bullying | Quaver Ready | |
| November | Gratitude | 3rd-5th grades Lesson 36 The Gift of Gratitude | Quaver Ready | Learn about the gift of gratitude |
| Intrapersonal Effectiveness | | | Being Thankful | |
| | | | A Spot of Thankfulness video | |
| | iGuardians Presentation | 4th and 5th grades Internet Safety | | Learn about internet/social media safety |
| December | Motivation to Achieve | 3rd-5th grades Lesson 25 Exploring Motivation | Quaver Ready | Learn tips to stay motivated |
| Post Secondary Ed. | Career Day | 5th grade | | Learn about a variety of careers |
| Career Readiness | College Awareness | 3rd-5th grades | Virtual College Campus Tours videos | |
| January | Responsibility | 3rd-5th grades Lesson 5 My Responsibilities | Quaver Ready | Learn about personal responsibilities |
| Personal Effectiveness | | | It's Not My Fault | |
| | | Responsibility Inventory/King Alfred and the Cakes | Character Counts | Learn about being responsible for their behavior |

| Month | Themes | | Resources | Lesson Objective |
|-----------------------------------------------------------------------------------|--------------------------------|--------------------------------------------------|-------------------------------------|----------------------------------------------|
| February | Empathy & Kindness | 3rd-5th grades Lesson My World is Bigger than Me | Quaver Ready | Learn about empathy |
| <i>Interpersonal</i> | | 3rd-5th grades The Golden Rule | Quaver Ready | Learn about the value of the golden rule |
| <i>Effectiveness</i> | Kindness Wk. activities | | The Great Kindness Challenge | |
| March | Decision Making/Choice | 3rd-5th grades Lesson 22 Thinking Things Through | Quaver Ready | |
| <i>Interpersonal/</i> | Coping Skills | | Be Still, Little Tree & | |
| <i>Intrapersonal</i> | | | Mop Rides the Waves of Life | |
| <i>Effectiveness</i> | | | | |
| April | Caring | | Be Kind | |
| <i>Interpersonal</i> | Child Abuse Awareness | | | |
| <i>Effectiveness</i> | Play It Safe | | | |
| May | Digital Citizenship | 3rd-5th grades Being a Good Digital Citizen | NetSmartz | Learn about the value of digital citizenship |
| <i>Personal Safety</i> | Space X tour | 5th grade | | Learn about careers in space industry |
| <i>Intrapersonal</i> | | | | |
| <i>Effectiveness</i> | | | | |
| Texas Model for Comprehensive School Counseling Programs - Program Balance | | Guidance Curriculum | 35%-45% | |

Sharp Elementary Counseling Curriculum Map: 3rd-5th gr. 2022-2023

| | 3 rd Grade: INSERT THEME | 4 th Grade: INSERT THEME | 5 th Grade: INSERT THEME |
|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| August | School Rules/Personal Safety/ Pillars of Character Resources: Quaver Ready Sandy Hook Safe & Caring Schools Character Counts | School Rules/Personal Safety/ Pillars of Character Resources: Quaver Ready Sandy Hook Safe & Caring Schools Character Counts | School Rules/Personal Safety/ Pillars of Character Resources: Quaver Ready Sandy Hook Safe & Caring Schools Character Counts |
| September | Integrity & Trustworthiness Resources: Quaver Ready Character Counts | Integrity & Trustworthiness Resources: Quaver Ready Character Counts | Integrity & Trustworthiness Resources: Quaver Ready Character Counts |
| October | Respect/Bullying Prevention Resources: Quaver Ready PBS Kids Arthur Stop Bullying Now! Sesame Street: Become an Upstander | Respect/Bullying Prevention Resources: Quaver Ready PBS Kids Arthur Stop Bullying Now! Sesame Street: Become an Upstander | Respect/Bullying Prevention Resources: Quaver Ready PBS Kids Arthur Stop Bullying Now! Sesame Street: Become an Upstander |
| November | Gratitude Resources: Quaver Ready A Spot of Thankfulness | Gratitude Resources: Quaver Ready A Spot of Thankfulness | Gratitude Resources: Quaver Ready A Spot of Thankfulness |
| December | Motivation to Achieve/ Career & College Awareness Resources: Quaver Ready Virtual College Tour | Motivation to Achieve/ Career & College Awareness Resources: Quaver Ready Virtual College Tour | Motivation to Achieve/ Career & College Awareness Resources: Quaver Ready Virtual College Tour |
| January | Responsibility Resources: Quaver Ready It's Not My Fault | Responsibility Resources: Quaver Ready It's Not My Fault | Responsibility Resources: Quaver Ready It's Not My Fault |
| February | Empathy & Kindness Resources: Quaver Ready The Great Kindness Challenge | Empathy & Kindness Resources: Quaver Ready The Great Kindness Challenge | Empathy & Kindness Resources: Quaver Ready The Great Kindness Challenge |
| March | Decision Making/ Coping Skills Resources: Quaver Ready Be Still, Little Tree | Decision Making/Coping Skills Resources: Quaver Ready Be Still, Little Tree | Decision Making/ Coping Skills Resources: Quaver Ready Be Still, Little Tree |
| April | Caring/ Child Abuse Prevention Resources: Quaver Ready and Play It Safe | Caring/ Child Abuse Prevention Resources: Quaver Ready and Play It Safe | Child Abuse Prevention Resources: Quaver Ready and Play It Safe |
| May | Digital Citizenship/Internet Safety Resources: NetSmartz | Digital Citizenship/Internet Safety Resources: Netmartz | Digital Citizenship/Internet Safety Resources: Netsmartz |